# PRE-CARE

## THERMAGE

#### **PRE-APPOINTMENT check lists:**

Please refrain from all activities that may cause irritation of the skin prior to your appointment:

- Refrain from alcohol consumption 24hrs before
- Refrain from suntanning, microdermabrasion, dermaplanning, laser treatment and chemical peels near treated area 7 days before
- Only receive any waxing or hair removal in the treated area (not laser), 7 days before your appointment. DO NOT shave at least 2 days prior to your appointment.

You must be off any and all Retin-A or Retinol products for a minimum of 7 days prior to your appointment and 7 days post the appointment.

If you are experiencing any blemishes, acne, cold sores, and any other skin irritations, or have a mole in or around the area of procedure please contract DERM boss immediately via email for a consultation. It is up to the discretion of your artists to decide whether or not they have a workable surface. Failure to communicate any of these may result in a cancellation or rescheduling of your appointment. All deposits are nonrefundable.

No injectables at least 30 days prior to your appointment.

We refrain from working on individuals on accutane and require our client to be off the medication for a minimum of 1 year before receiving Thermage

If you have been diagnosed with cancer or any extreme illness in the past, we require for you to have been in remission for a minimum of 1 year and have a signed note by your physician in order to receive Thermage. Your safety is our first priority.

#### APPOINTMENT DAY:

• Refrain from consuming coffee and energy drinks the day of your appointment.

If possible, please attend your appointment with a cleansed face. A workable surface is key to a successful session.

Please ensure you come to the app well hydrated and well fed. The process takes several hours and we want to ensure you are in a state of comfort.

Sensitivity is heightened during menstrual cycles. Please make sure not to make the appointment 1 day prior to your period, during your period and at least 1 day after your period. If you do, you would expect to be more sensitive

### **Your Guest:**

Due to COVID-19 no guest is permitted within the clinic room, please attend your appointment solo.

NOTE: Although we've seen excellent results achieved in a single session, it is best to come in with the mindset that multiple sessions are sometimes required to achieve your expected optimal result. Touch up gives us an opportunity to see how your skin heals, review pigment retention, and make any necessary adjustments as desired.